

King Hussein Cancer Center Tobacco Dependence Treatment Training Program

Accredited by ATTUD/CTTTP through 2022

Program description

This five-day course focuses on building the capacity, competence, and confidence of participants to offer effective high-intensity tobacco dependence treatment (TDT). Through utilizing a combination of learning techniques (presentation, demonstration, role play, practical exercises, and case studies) the program builds the knowledge and proficiency of participants in various TDT-related [competencies](#). The program is comprehensive and evidence-informed, and is delivered by experienced hands-on tobacco treatment specialists (TTS).

By the end of the course, participants will be able to:

- Recognize the forms and constituents of tobacco products, their effect on the body and the gains of quitting, tobacco dependence and relevant psychological and social factors, and the evidence behind proven treatment methods.
- Implement skills relevant to conducting the initial assessment, performing counseling, and prescribing medications.
- Evaluate an individual case of tobacco dependence, and generate a customized treatment plan.

Candidate profile

The workshop is open to healthcare professionals including but not limited to physicians, pharmacists, nurses, midwives, allied health professionals, and counselors. All participants must be tobacco-free for at least 6 months at the start of the program.

Logistics and fees

Regular: USD 750 per participant

Early bird discount: USD 600 per participant

Registration and payment closes 1 month ahead of a scheduled workshop

Workshops are held at KHCC premises. Lunch and refreshments will be provided.

Participants will be responsible for their own travel and accommodation.

Certificates of completion

Issuing certificates is contingent on full attendance and passing the post-training test. Certificates are endorsed by *King Hussein Cancer Center* and the *Council for Tobacco Treatment Training Programs*. Those receiving the Certificate of Completion may also wish to apply for [National Certificate in Tobacco Treatment Practice \(NCTTP\)](#).

Workshop Agenda

Workshop will be from 9:00AM-5:00PM daily, Lunch and coffee breaks are provided daily

Day 1
Pre-training Assessment
Opening and introduction
TDT as a component of comprehensive tobacco control
Tobacco and nicotine products
The case for TDT: tobacco and disease
The smoker's experience
Day 2
Methods for TDT
The brief intervention
Initial assessment
Counseling for TDT
Day 3
Motivational interviewing for TDT
Counseling and motivational interviewing cases
Pharmacotherapy
Pharmacotherapy refresher
Day 4
Pharmacotherapy cases
Jordan's TDT guidelines
Special groups and considerations
Drafting an individualized plan and addressing relapse
Day 5
Building a TDT service
Ethical considerations
Professional development in TDT
Resources for clients
Post-training test

For more information, please contact us at TDT@KHCC.JO, +962 6 5300460 Ext 2315